

## **Introduction summer courses in Laban Movement Studies and Bartenieff Fundamentals**



**Come and join the introduction courses on a small island in the middle of the Baltic sea!**

Surrounded by water and the beautiful landscape of the south – western finnish archipelago, we will dance and learn about movement observation .

**Introduction to Bartenieff Fundamentals (BF) 31.05.2026 - 02.06.2026**

**(arrival 30.05. obligatory as well as departure earliest 03.06. due to ferry schedule)**

The **Bartenieff Fundamentals** give an insight to early - childhood developmental processes. They provide a wide range of approach for observation, re-patterning and creation of movement. In led exercises (“Basic-six”) and improvisational tasks we find guidance for developing embodied knowledge.

**Introduction to Laban Movement Analysis (LMA)**

**04.06. 2026– 06.06.2026**

**(arrival 03.06. obligatory/ departure earliest 07.06.2026 due to ferry)**

In classes of **Laban Movement Studies** we are exploring and observing movement within the categories of Body, Effort, Space, Shape, Phrasing and Relationship. Movement is complex. It can be analysed within the structured system of Laban Bartenieff Movement Studies by approaching it through observation, perception, sensation and reflection. Like this we will experience our movement preferences and unknown territory of our moving body playfully. We will learn to understand how movement is composed.

We work with set material and site specific improvisation.

**It is possible to register for one course only, as well as you are welcome to participate in both courses from 31.05. – 06.06. with a free day on 03.06.2026, a possible day for a trip to the City of Turku.**

### **Prices**

**One Introduction course à 18 x 60min      225,- €**

**registered until 30.March 2026              200,- €**

**Two Introduction courses à 18 x 60min    400,- €**

**registered until 30.March 2026              340,- €**

Information, registration and payment details by email to

[susanne.montag-warna@laban-eurolab.org](mailto:susanne.montag-warna@laban-eurolab.org)

### **Accommodation and food**

#### **Sleep**

There are 12 places in shared space priced with

**12€ per night per person.**

#### **Food**

No shopping possibility on place / no own kitchen space for warm meal cooking, beside common grill)

Breakfast has to be organized together (during preparations together).

**We are serving 2 warm meals at lunchtime and early evening (if wished, only one meal can be ordered), (glutenfree and/or vegetarian/no vegan) including coffee and cake every day cooked by a local traditional catering service (small company) for the price of**

**36 € per day. (full order) per person/ 18 € (half order)**

Once you have decided to visit this special site for the summer courses in LBMS, you will get detailed info on travel and food shopping.

**I will be happy receiving you on Keistiö (Municipality of Parainen City/ South-west Finland)**

**for enjoying moved knowledge together!**

Susanne Montag-Wärnå

CLMA (Certified Laban/Bartenieff Movement Analyst)

Dancepedagog

Teacher of Primary and Secondary Education (ME)

Freelanced performance artist

